NOVEMBER IS

National Family Caregivers Month

IF SOMEONE IN YOUR LIFE



GIVES YOU RIDES



GOES ALONG TO APPOINTMENTS



PROVIDES YOU WITH SUPPORT

TAKE TIME TODAY TO



ACKNOWLEDGE ALL THEY DO



THANK THEM FOR THEIR HELP



ASK THEM HOW THEY ARE

Thank the caregivers in your life today and every day and let them know that free tools and programs are available for caregivers just like them at The Negative Space.

the negative space

LEARN MORE

www.thenegativespace.life