NOVEMBER IS

National Family Caregivers Month

SIMPLE BUT POWERFUL PHRASES TO USE WITH CAREGIVERS

- I imagine it took a lot to get your loved one here today and that you may have had to rearrange your schedule to do so. **Thank you.**
- I bet this diagnosis has been a lot to take in. How are **you** feeling?
- Can I get **you** anything? Water? Coffee? Warm blanket?
- **Thank you** for everything you do for your person, both the things that we see and the many many things we don't.

FAMILY CAREGIVERS NEED CARE, TOO.

This month (and every month), thank the caregivers you encounter and connect them to free tools and resources from The Negative Space.

the negative space

LEARN MORE

www.thenegativespace.life